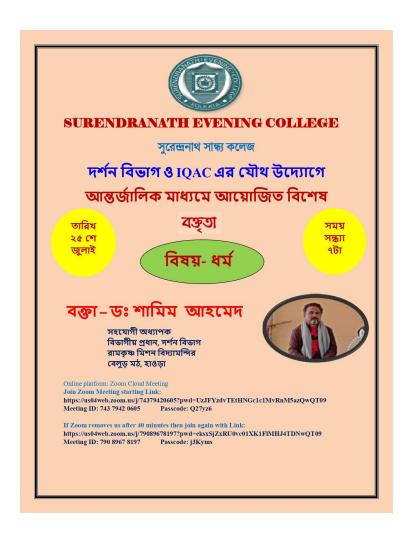
#### **SESSION 2021-22**

# Report on One Day State Level Webinar 'DHORMO'

Organized by: Department of Philosophy & IQAC

Date: 25/07/2021

Platform: Zoom



Banner of the Event

## Report on One Day State Level Webinar 'COVID and Mental Health'

Organized by: IQAC, Surendranath Evening College

Date: 27/07/2021

Platform: Google Meet

### **List of speakers:**

- 1. Dr. Jafor Ali Akhan, Principal, Surendranath Evening College
- 2. Ms. Sujata Saha, SACT and HOD, Department Of Psychology, Surendranath College

## **Number of participants:** 45

As a consequence of the COVID; we are trying to cope up with the so-called 'new normal'. Teaching and learning from home, temporary unemployment and the unfortunate demise of family members, lack of physical contact with other family members, friends and colleagues, and many new changes in daily life made us vulnerable, psychologically. In this situation, discussing openly about mental health is a need of the time.

With this spirit, a one day state level webinar was organized for the students, teachers and non-teaching members of the college to discuss the above issues.